



dōTERRA Women

## Solace™

Monthly Blend for Women

**CPTG®** Made with Certified Pure  
Therapeutic Grade® Essential Oils

### Product Description

dōTERRA Women Solace™ monthly essential oil blend for women is a proprietary blend of Certified Pure Therapeutic Grade® essential oils carefully formulated to balance hormones and manage symptoms of PMS and the transitional phases of menopause.\* For topical and aromatic use, Solace combines essential oils that have a long history of traditional use by women throughout many cultures for addressing health issues associated with aging, and which also have modern scientific substantiation as complimentary therapies for women. Solace's carefully balanced formula includes clary sage, lavender, bergamot, Roman chamomile, cedarwood, ylang ylang, geranium, fennel, carrot seed, palmarosa, and vitex, and is conveniently packaged in a 10 ml roll on.

### Primary Benefits

- Provides temporary ease from cramps, nausea, hot flashes, and the emotional swings sometimes associated with regular hormone cycles in women\*
- Supports healthy hormone levels in women\*

### What Makes This Product Unique?

- Proprietary blend of 11 Certified Pure Therapeutic Grade essential oils including clary sage, lavender, bergamot, Roman chamomile, cedarwood, ylang ylang, geranium, fennel, carrot seed, palmarosa, and vitex
- Packaged in a convenient 10 ml roll on

Essential Oil	Supporting health benefits*
Clary Sage	Helps ease muscle tension, mood lifting, hormone balancing
Lavender	Calming, supports normal hormone levels
Bergamot	Emotionally uplifting, helps ease muscle tension
Roman chamomile	Esters are relaxing and help ease muscle tension
Cedarwood	Himachalene supports normal hormone levels
Ylang ylang	Helps with stress, phytoestrogenic
Geranium	Helps balance endocrine system, calming, phytoestrogenic
Fennel	Trans anethole supports estrogen production and lactation
Carrot seed	Helps support healthy endocrine activity
Palmarosa	Soothing to the body, supports healthy thyroid levels
Vitex (chaste berry)	Considered bio-identical to phytoestrogens, anti-spasmodic

## Who Should Use this Product?

dōTERRA Women Solace™ monthly essential oil blend for women can be safely used by women of all ages for temporary physical and emotional support of uncomfortable symptoms associated with PMS and transition through menopause.\* It is formulated to be used with dōTERRA's Phytoestrogen Lifetime Complex, Bone Nutrient Lifetime Complex and Lifelong Vitality Pack as complimentary products to a lifestyle of eating right, exercising, resting and managing stress, and reducing exposure to environmental toxins.

## Directions for Use

Apply topically to abdomen, chest, or back of neck throughout the day for symptoms associated with PMS and transition through menopause. May also be used aromatically by applying a small amount of product to hands, cupping hands near face, and inhaling deeply.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician before using. Keep out of eyes. Do not apply directly in ears or nose. Dilute with fractionated coconut oil to calm any skin sensitivity.

## dōTERRA Women Solace™ Monthly Blend for Women

10 ml roll on

**Item code: 3527**

**Consultant price: \$24.50 (24.50 PV)**

Preferred Member price: \$26.13

Suggested retail price: \$32.67

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.*